



The Coachman Hotel - Wellness and Rejuvenation



Spa menu

Coachman Classic Swedish Treatment: 50-minute \$165, 90-minute \$225

- Traditional Swedish massage tailored to loosen tight muscles, stretch connective tissues, relieve cramps and muscle spasms, loosen joints, and decrease muscle fatigue.

Deep Tissue Sports Massage: 50-minute \$185, 90-minute \$250

- This deep tissue experience is designed to help you recover from epic powder days or the busiest of days spent in the summer sun. Firm pressure used to treat musculoskeletal issues, increase blood flow, and promote faster healing.

Tahoe hot stone massage: 50-minute \$165, 90-minute \$225

- Connect with your surroundings and your inner chakras using locally sourced, water-polished granite stones. Long strokes and circular movements calmly alleviate tense and damaged tissues throughout your body.

CBD Relaxation Treatment: 50-minute \$175, 90-minute \$235

- Traditional Swedish massage infused with locally sourced CBD oil. This treatment not only decreases back, shoulder, and neck pain, but can also aid psoriasis, eczema, acne, and bug bite irritations.

Pool-Side Foot Massage: 15-minute \$40, 35-minute foot and leg massage \$65

- Bask beneath the pines in our pool chaises and take a moment to yourself. Stimulate endorphins, relieve tension, lower blood pressure, and improve flexibility. Treatments also offered in the comfort of your room or suite.